

# Ju no Kata Score Form

FORMS OF GENTLENESS

TORI \_\_\_\_\_ DATE \_\_\_\_\_

**SUBTOTALS**

UKE \_\_\_\_\_ CLUB \_\_\_\_\_

NAME OF TOURNAMENT \_\_\_\_\_

Score Opening, Closing, Techniques, and Flow on a scale of 0 to 10.

OPENING \_\_\_\_\_ →

### DAI IKKYO/SET 1

1	TSUKI DASHI	HAND THRUSTING	→	<input type="text" value="."/>
2	KATA OSHI	SHOULDER PUSH	→	<input type="text" value="."/>
3	RYOTE DORI	BOTH HANDS SEIZURE	→	<input type="text" value="."/>
4	KATA MAWASHI	SHOULDER TURN	→	<input type="text" value="."/>
5	AGO OSHI	JAW THRUSTING	→	<input type="text" value="."/>

### DAI NIKYO/SET 2

1	KIRI OROSHI	CUTTING DOWNWARD	→	<input type="text" value="."/>
2	RYOKATA OSHI	BOTH SHOULDERS PUSH	→	<input type="text" value="."/>
3	NANAME UCHI	DIAGONAL STRIKE	→	<input type="text" value="."/>
4	KATATE DORI	SINGLE HAND SEIZURE	→	<input type="text" value="."/>
5	KATATE AGE	SINGLE HAND RAISING	→	<input type="text" value="."/>

### DAI SANKYO/SET 3

1	OBI TORI	BELT SEIZURE	→	<input type="text" value="."/>
2	MUNE OSHI	CHEST PUSH	→	<input type="text" value="."/>
2	TSUKI AGE	UPPERCUT	→	<input type="text" value="."/>
4	UCHI OROSHI	STRIKING DOWNWARD	→	<input type="text" value="."/>
5	RYOGAN TSUKI	BOTH EYES POKE	→	<input type="text" value="."/>

CLOSING \_\_\_\_\_ →

FLOW \_\_\_\_\_ →

ACCUMULATED SCORE (ADD ALL SUBTOTALS) \_\_\_\_\_ →

JUDGE \_\_\_\_\_

RECORDER \_\_\_\_\_